

## Cazenovia Area Senior Association

CASA activities are available to all individuals, age 55 and over residing in the towns of Nelson, Fenner, Cazenovia and in Cazenovia Central School District

**315-655-0350**

Please sign up and mail the tear off on the opposite side

**CASA NEWS, ACTIVITIES & EVENTS SIGN UP**

### Community Activities: July through September 2017

**Senior Art Sessions:** Mondays from 1:00—3 p.m. at Cazenovia Apartments, in the community room, 24 Nelson St, Cazenovia. The class leader is Meg Harris. Ends in May.

Beginners welcome! Contact Sue Carncross at 315-655-4651

**Tai Chi**—at First Presbyterian Church, 27 Albany St., Cazenovia, Tuesdays 9:30 to 11:30 a.m. all year. Instructor Jim Ridlon

**Burton Street School Hall Walkers**—37 Burton St., Cazenovia now thru June 15th, Mon—Fri 3 to 6 p.m. while school is in session. Contact Bob Conway 662-7479

**Common Grounds**—TED TALKS, 2 p.m. Tuesdays

**Senior Bowling**—Caz Sports Bowl—Rt 20 Town & Country Plaza, Cazenovia, Wed. at 1 p.m. \$1.00 per game with free coffee and donuts—this is bowling for fun and exercise, please join in. Any questions call Dawn Williams at 682-6289

**Bone Builders**—St. Peter's Church, 12 Mill St., Monday 10 a.m. and Thursday 9:30 a.m. Contact Bev Thorp at 655-2493

**Senior Water Aerobics**—Cazenovia College Gym, 22 Sullivan St., Cazenovia—Mon, Wed, Fri. 9:30 to 10:30 a.m. The instructor is Deb Wilcox. Contact Bill Houser 655-7311

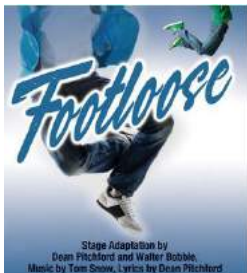
**Caz Cans**—is now taking your empty returns to benefit CASA—just let them know that you would like the return to be donated to CASA.

**Library Scrabble**—Fridays at 1 p.m. at Cazenovia Public Library Community Room

**Alzheimer's Support Group**—meets second Wednesday of the month at 6 p.m...Cherry Valley Plaza Route 20 for information call Karen Clark 289-4345

**CRIS-CAT now adds monthly trips to Walmart the second Thursday of each month.**

**July 13, August 10, September 14. A bus will pick passengers up at Carriage House Apts. and 24 Nelson at 10 a.m. to go to Walmart in Oneida and return at 1:30 P.M. FREE TRIP. FOR RESERVATION CALL 655-0612 AND LEAVE MESSAGE Limited Seating.**



Sunday, July 23rd, 2 p.m.  
Cortland Repertory Theater  
Dinner, Hollywood Restaurant  
Order from Menu



Friday, August 11th  
Take Me Out To  
The Ballgame  
Syracuse plays  
Indianapolis  
Fireworks



Friday, September 8th  
Buffet lunch at The Gould Hotel Seneca Falls  
Tour & Wine Tasting at Sonnenberg Gardens  
in Canandaigua



## CASA Activities

July 23—Sunday, trip to Cortland Repertory Theater to see “Footloose”. Rock and Roll musical based on the 1980s. 2 pm  
Dinner at Hollywood Restaurant (order from menu) Bus leaves Tops at 12:30 pm. \$20 Deadline 7/7/17

July 27—Thursday, Annual meeting and picnic at Lakeside Park. Lunch 12 noon. Prizes and Social time. Bring a dish to pass.  
No Reservations needed.

August 11—Friday, trip to ballgame. Syracuse plays Indianapolis. Fireworks after game. Bus leaves Tops 5:30 pm  
\$5 Deadline 8/9/17

September 8- Friday, Day trip on chartered bus to the Gould Hotel, Seneca Falls for a Buffet Lunch. Then on to historic Sonnenberg Gardens, Canandaigua to tour the gardens and mansion. Following this we will enjoy a wine tasting event. Tram available for transport if needed. Bus leaves Tops at 10 a.m. \$25 Deadline 9/1/17



September 21—Thursday. Monthly luncheon, St. James Church 12 noon. Meatloaf entree. Bring a dish to pass. Program will be The Great Swamp Conservancy speaker. The power point presentation will include the history of the program and the benefits to the environment. No reservations needed.



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**Cut here and return with check to CASA, PO Box 273, Cazenovia, NY 13035 (Note Cut Off Dates)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

\_\_\_\_\_ July 23, Sunday Trip to Cortland Repertory Theater, play “Footloose” dinner at Hollywood Restaurant  
(Order from menu) \$20 deadline 7/7/17

\_\_\_\_\_ August 11, Friday trip to ballgame. Syracuse plays Indianapolis. Fireworks \$5 Deadline 8/9/17

\_\_\_\_\_ September 8, Friday Trip to The Gould Hotel for buffet lunch. On to Sonnenberg Gardens for tour of  
gardens, mansion and wine tasting. Limited seating \$25. deadline 9/1/17

Total Due \$ \_\_\_\_\_