

## Cazenovia Area Senior Association

CASA activities are available to all individuals, age 55 and over residing in the towns of Nelson, Fenner, Cazenovia and in Cazenovia Central School District

**315-655-0350**

Please sign up and mail the tear off on the opposite side

**CASA NEWS, ACTIVITIES & EVENTS SIGN UP**

### Community Activities: October through December 2017

**Senior Art Sessions:** Mondays from 1:00—3 p.m. at Cazenovia Apartments, in the community room, 24 Nelson St, Cazenovia. The class leader is Meg Harris. Begins 9/11/17.

Beginners welcome! Contact Sue Carncross at 315-655-4651

**Tai Chi**—at First Presbyterian Church, 27 Albany St., Cazenovia, Tuesdays 9:30 to 11:30 a.m. all year. Instructor Jim Ridlon

**Burton Street School Hall Walkers**—37 Burton St., Cazenovia now thru June 15th, Mon—Fri 3 to 6 p.m. while school is in session. Contact Bob Conway 662-7479

**Common Grounds**—TED TALKS, 2 p.m. Tuesdays

**Senior Bowling**—Caz Sports Bowl—Rt 20 Town & Country Plaza, Cazenovia, Wed. at 1 p.m. \$1.00 per game with free coffee and donuts—this is bowling for fun and exercise, please join in. Any questions call Dawn Williams at 682-6289

**Bone Builders**—St. Peter's Church, 12 Mill St., Monday 10 a.m. and Thursday 9:30 a.m. Contact Bev Thorp at 655-2493

**Senior Water Aerobics**—Cazenovia College Gym, 22 Sullivan St., Cazenovia—Mon, Wed, Fri. 9:30 to 10:30 a.m. The instructor is Deb Wilcox. Contact Bill Houser 655-7311

**Caz Cans**—is now taking your empty returns to benefit CASA—just let them know that you would like the return to be donated to CASA.

**Library Scrabble**—Fridays at 1 p.m. at Cazenovia Public Library Community Room

**Alzheimer's Support Group**—meets second Wednesday of the month at 6 p.m...Cherry Valley Plaza Route 20 for information call Karen Clark 289-4345

**CRIS-CAT now adds monthly trips to Walmart the second Thursday of each month.**

**Oct 12, Nov 9, Dec 14. A bus will pick passengers up at Carriage House Apts. and 24 Nelson at 10 a.m. to go to Walmart in Oneida and return at 1:30 P.M. FREE TRIP. FOR RESERVATION CALL 655-0612 AND LEAVE MESSAGE Limited Seating.**

**\*\*\*WINTER WEATHER ALERT!** If schools are closed, CASA activities are Cancelled.

Call 315-655-0350 if weather is questionable and you will be advised of CASA events. \*\*\*



Friday, October 6

Vernon Downs  
Casino, Race Track, Buffet



Monday, November 6

Marriott Syracuse Downtown  
Hotel Syracuse Tour  
Lunch at Shaughnessy's Irish Pub



Thursday, December 7

The Beeches Rome, NY  
Buffet lunch, theater  
"All She Wants For Christmas"

## CASA Activities

October 6—Friday trip to Vernon Downs \$20 (includes buffet) Receive \$10 free play. Bus leaves Tops 3:15 pm. Buffet 5:30 pm. Races 6:45 pm. Deadline 10/1/17

October 19—Thursday, monthly luncheon. St. James Church 12 noon. Entrée chicken and biscuits. Bring a dish to pass. Program is Eileen and Shirley of “Genesee Ted” returning to play songs, tell stories. No reservation needed.

November 6—Monday, trip to Downtown Syracuse Marriott (Hotel Syracuse) Tour hotel. Lunch at Shaughnessy’s Irish pub. Luncheon choices below. Bus leaves Tops 10 a.m. Tour 11 a.m. \$25 Deadline 10/30/17

November 16—Thursday—monthly luncheon St. James Church 12 noon. Entrée turkey. Bring dish to pass. Program..Laine Gilmore with stories and piano music. No reservation needed.

November 27—Monday—trip to Destiny USA for shopping. Bus leaves Tops 10 am. Bus leaves Destiny 3:30 pm. \$5. Deadline 11/20/17.

December 7—Thursday..trip to The Beeches, Rome, N.Y. for buffet lunch, theater. Enjoy “All She Wants for Christmas” at the lovely Beeches. \$35 Bus leaves Tops 10:30 a.m. Buffet 12 noon. Theater 1:30 pm. Deadline 12/1/17

December 21—monthly luncheon, St. James Church, 12 noon. Ham entrée. Bring dish to pass. Come early for punch and snacks. Program will be the Bellaires ringing in the holiday bells. No reservation needed.

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**Cut here and return with check to CASA, PO Box 273, Cazenovia, NY 13035 (Note Cut Off Dates)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

\_\_\_\_\_ October 6, Friday. Trip to Vernon Downs \$20 Deadline 10/1/17

\_\_\_\_\_ November 6, Monday. Trip to tour Hotel Syracuse, lunch at Shaughnessy’s Pub  
Choice of burger \_\_\_\_ Grilled chicken sandwich\_\_\_\_ The Shaughnessy (corned beef, Sauerkraut, Swiss  
On rye)\_\_\_\_ All choices have fries, beverage, dessert. \$25 deadline 10/30/17

\_\_\_\_\_ November 27, Monday. Trip to Destiny. USA \$5 Deadline 11/20/17

\_\_\_\_\_ December 7, Thursday. Trip to Rome, NY to Beeches Inn, Buffet lunch, Theater. \$35 Deadline 12/1/17

Total Due \$ \_\_\_\_\_